



Feng Shui Cures

Cures for Protection:

Used against negative influences or bad chi called Sha Chi. This could be either something or someone.

Curtains or doors

- Used to block negative energy from invading a specific area
- Keep bathroom doors closed to control the adverse chi that their use generally produces
- Can set boundaries for privacy
- Valences can visually reduce the size of a tall doorway

Fans

- These are classical weapons for the martial arts, and provide a sense of safety if placed above the head of the bed

Mirrors (can be both protective and provide enhancement)

- A mirror can return the image right back to its source, such as an overwhelming building next to the home, or subtly placed to deflect a discourteous or malicious neighbor's negative energy back
- Never place two mirrors facing each other as the images generated are infinite
- It's best to cover mirrors in the bedroom to calm their energy

Beads

- Can provide privacy, or partition a room or to slow down the chi of a room
- Subtle message that the space is private
- The sound of beads being pushed to one side enhances their energetic function

Wind Chimes or Bells

- Sound is a powerful Feng Shui tool, and these are melodious, influencing mood and chi
- Wind chimes are most effective when hung in a draft that will move them
- Chimes placed at the end of a long hallway can decelerate the flow of chi
- Strung bells hung on a door provide notice that someone is entering a space, for example in a shop



Sharp Object

- Much like a mirror, a sharp object can ward off negative chi.
- Point a sharp object directly at the window or door of a person who invades your privacy or causes unwarranted trouble
- If there is a sharply pointed object directed at your front door, such as a neighbor's roof edge of telephone pole, place a sharp object facing it to ward off its negative effects.

Heavy Object

- Use a large rock, urn, or statue to close off a missing area of a home
- Useful when feeling insecure

Cures for Enhancement

Used to increase low-energy places, or for situations that need special attention.

Mirrors

- Make a room appear larger or alter the visual space, such as placing at the end of a long hallway
- Can bring in a "lucky" view, such as a garden or ocean view
- Stove burners represent wealth, and a mirror placed behind them gives them an image of more burners
- Make sure that hung mirrors don't "cut off the head"

Wind Chimes (can be both protective and provide enhancement)

- Can be used to call in good luck
- Their cheerful energy can react to light and air flow, enhancing the chi
- Hang wherever energy needs to be lifted, such as a dark corner of a room

Crystal Balls

- The rainbow of light that is cast by a many-faceted crystal strengthens the chi of any area.

Light

- Uplifts the spirits and dispels darkness, whether mental, physical, or spiritual
- Creates the illusion of space
- Beneficial to business; the brighter, the better

Color

- Chi comes in different hues, and a powerful influence on feelings



- Red - in Chinese culture, the luckiest of colors. Can be used to enhance any area, but too much can cause tempers to flare. Tie a red ribbon around a potted plant to elevate its chi, or use red tassels for accents
- Purple - use to show and to earn respect. Some consider it even luckier than red because it symbolizes royalty - wear this color to an important business meeting; use sparingly in decorating
- Green - Connotes feelings of new life and hope. Refreshing and signifies good health. Good color to wear if depressed or have low energy.
- Yellow - associated with longevity and power. A cheerful earth color, versatile wardrobe color and for decorating
- White - important for decorating for fashion, but it's important to use accent colors with white. Depicting the metal element, balance using the other four elements
- Blue - instills feelings of serenity, but too much blue can induce unhappiness (feeling "blue")
- Black - best used as an accent color, and not as a predominant color since it is thought to express darkness or accidents or bad luck
- Pink - brings love and symbolizes feelings of happiness. Good color to wear if hoping to meet significant "other." Bed linens, and pink flowers also invite love.

Plants

- Promote positive, uplifting energy because they are upward-moving
- Counteract lifeless energy in a space
- Useful for covering an unwanted view
- Plants with round leaves represent coins, and are good to place near the front door to bring prosperity
- Plants with heart-shaped leaves are perfect for the Love/Marriage area
- Sharp plants, such as cactus, can be placed on a patio for protection, but not near the front door because they tend to be uninviting
- Bamboo
- Bamboo stalks with red ribbons brings happiness and good luck
- Can be hung vertically or at an angle, but always with the root end pointed to the ground
- Bamboo flutes can be used to energetically lift the harmful chi of a beam if located over the bed

Paintings

- Use art depicting any of the Feng Shui cures, and place in appropriate areas according to the Bagua Map, i.e., art depicting a pair of mated birds



representing everlasting love can be placed in the Love/Marriage area of the bedroom

Fountain

- Water means abundance or wealth, and so fountains are powerful Feng Shui tools.
- A fountain near the front door can enhance income as well as career
- Too much water can “float or sink” a boat - think figuratively “going under”