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| <p style="text-align: center;"><b>Abundance (1)</b></p> <p>Cures/tools:<br/>collectibles, art,<br/>round shapes,<br/>flags, windsocks,<br/>wind chimes,<br/>anything valuable<br/>to you</p> <p>Element: wood</p> <p>Colors: purple,<br/>blue, red, gold</p> | <p style="text-align: center;"><b>Fame (2)</b></p> <p>Cures/tools:<br/>trophies,<br/>candles, awards,<br/>diplomas,<br/>triangular<br/>shapes, sun,<br/>animals</p> <p>Element: fire</p> <p>Colors: red<br/>color<br/>spectrum</p>   | <p style="text-align: center;"><b>Romance (3)</b></p> <p>Cures/tools: pairs<br/>of anything,<br/>candles, hearts,<br/>doves, photos of<br/>lovers, erotic art</p> <p>Element: earth</p> <p>Colors: red,<br/>pink, white</p>  |
| <p style="text-align: center;"><b>Family (8)</b></p> <p>Cures/tools:<br/>photos of family,<br/>flowers, plants,<br/>heirlooms,<br/>cylindrical<br/>shapes</p> <p>Element: wood</p> <p>Colors: blues,<br/>greens</p>  | <p style="text-align: center;"><b>Health/Core (9)</b></p> <p>Cures/tools:<br/>meditation area,<br/>art that feels<br/>centering, square<br/>and rectangle<br/>shapes</p> <p>Element: earth</p> <p>Colors: yellow,<br/>orange, brown</p>  | <p style="text-align: center;"><b>Children/Creativity (4)</b></p> <p>Cures/tools:<br/>artwork by<br/>children, photos<br/>of children,<br/>whimsical art,<br/>round, bells</p> <p>Element: metal</p> <p>Colors: white,<br/>silver, pastels</p>                                     |
| <p style="text-align: center;"><b>Personal Growth (7)</b></p> <p>Cures/tools:<br/>books, tapes<br/>currently<br/>studying, photos<br/>of wise people,<br/>teachers</p> <p>Element: earth</p> <p>Colors: blue,<br/>green, black</p>                           | <p style="text-align: center;"><b>Career (6)</b></p> <p>Cures/tools:<br/>glass, mirrors,<br/>artwork of lakes,<br/>fountains,<br/>aquariums,<br/>waterfalls</p> <p>Element: water</p> <p>Colors: black,<br/>very dark<br/>colors -<br/>maroon, navy,<br/>dk. brown &amp;<br/>charcoal gray</p> | <p style="text-align: center;"><b>Helpful People/Travel (5)</b></p> <p>Cures/tools:<br/>photos where<br/>you want to<br/>travel/have<br/>traveled, angels<br/>spiritual altar,<br/>pictures of<br/>guides, mentors</p> <p>Element: metal</p> <p>Colors: white,<br/>gray, black</p> |


# Bagua Map Definitions

- **Abundance/Wealth (1) Wood Element:** Focus on this area of your home when you want to generate more cash flow, you are raising money for a special purpose, or you would like to be more aware of the flow of abundance and prosperity through your life in general. Abundance oversees the hips, bones, and pelvis.
- **Fame (2) Fire Element:** Enhance this area when you would like more recognition at work or home, you want to establish a good reputation in your community, or you would like to be well known for something you do. Fame oversees the eyes.
- **Romance/Relationship (3) Earth Element:** Enhance this area if you would like to attract a love relationship, you want to improve your current love relationship, or you are developing or improving a healthy, happy relationship with yourself. Relationship oversees the organs.
- **Children/Creativity (4) Metal Element:** Enhance this area if you would like to become pregnant, you want to be more creative in general, you are involved in a creative project, you feel creatively blocked, you want to explore and develop your inner child qualities, or you'd like to improve your relationship with children. Children/Creativity oversees the mouth.
- **Helpful People/Travel (5) Metal Element:** Enhance this area when you want to attract more mentors, clients, customers, employees, colleagues — helpful people of any kind in your life, you would like to travel, or go to a specific destination, you would like to feel more connected to your spiritual or religious belief system, or you are planning to move to a new work or home location. Helpful People/Travel oversees the head.
- **Career (6) Water Element:** Enhance this area when you are making any kind of change in your job or career, you are looking for or changing your job or career, you want to volunteer or do community service work, or you are going from one type of work to another. Career oversees the ears.
- **Personal Growth/Knowledge & Wisdom (7) Earth Element:** Enhance this area if you are a student of any subject, you are in counseling or any kind of self-growth activity, or you want to cultivate a more peaceful lifestyle. Knowledge oversees the hands.
- **Family (8) Wood Element:** Enhance this area if your health needs a boost, you are planning or recovering from surgery, you would like your social life/"family of choice" to grow or improve in some way, or you would like your relationship with relatives to improve. Family oversees the feet.
- **Health/Center (9) Earth Element:** This is considered a neutral area, a perfect balance, a place of peace. It's a perfect area to place a meditation or quiet room, or to place an object of art that reminds you to stay centered in all of your activities. Center oversees overall health and all other body areas.

# The Five Elements

## Controlling Cycle

 Controlling Cycle

 Creative Cycle

### FIRE

Reds; lighting; animal products, pictures of animals & people; sharp, pointed, triangular shapes.  
*Governs the emotions.*



### EARTH

Yellows & earthtones, earthenware, soil & sand; square shapes, horizontal surfaces.  
*Governs nourishment & stability.*



### WOOD

Greens & blues; plants & flowers; striped & floral patterns, verticals, columns.  
*Governs growth & flexibility.*



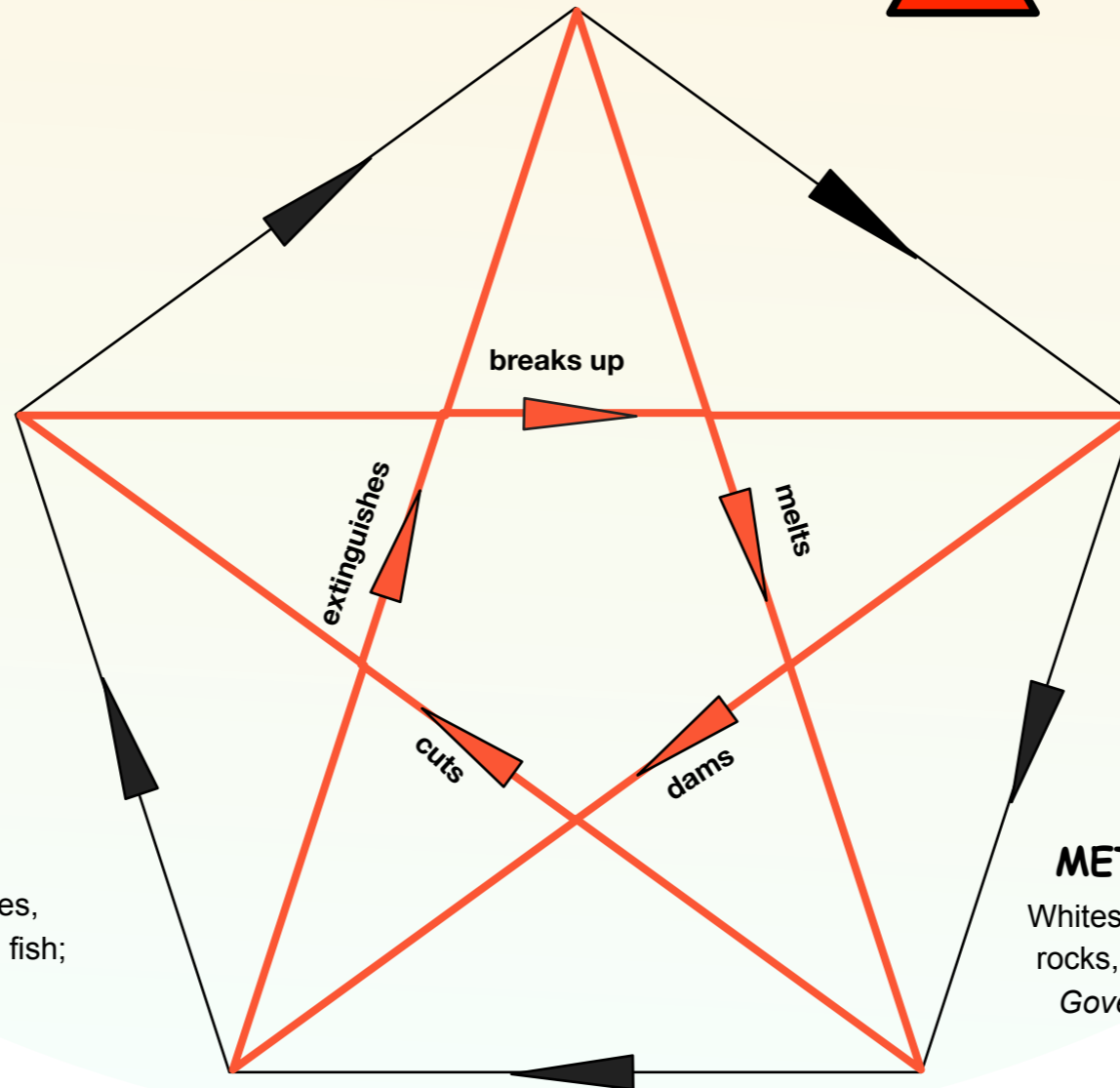
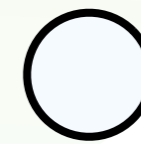
### WATER

Blacks & darks; water features, mirrors, glass; reflective/shiny; fish; flowing, irregular shapes.  
*Governs the spirit.*



### METAL

Whites & pastels; circles, ovals, arches; rocks, stones, metals; reflective/matte.  
*Governs the intellect & productivity.*



the  
feng shui  
collective

**Instructions:**

1. Place a dot in each category to indicate your level of satisfaction within each area. Place a dot at the center of the circle to indicate dissatisfaction, or on the periphery to indicate satisfaction. Most people fall somewhere in between.
2. Connect the dots to see your circle of life.
3. Identify imbalances, determine where to spend more time and energy. This powerful exercise can be used daily, weekly, monthly or yearly!

