
21 FENG SHUI PROJECTS TO ELEVATE YOUR ENERGY IN 2021

THE FENG SHUI
COLLECTIVE



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hi there!

WE'RE PAMELA & LAUREN



Certified Goal Setting & Feng Shui
Experts (and Mother/Daughter Duo!)

PART 1

F E N G S H U I
D E F I N E D



Translated, Feng means wind and Shui means water. Most people understand the “Shui” part of Feng Shui.

That is, the movement of physical matter, or what you can see and touch.

What most miss is the “Feng” part. This is what you cannot see, or, in other words, your intentions and thoughts.

For Feng Shui to be the most profound, you must move matter with your clear intention.

That’s why our method is so unique.



Lauren (the daughter of the Feng Shui duo), has been a Goal Coach for over a decade, helping thousands of women achieve their most passionate goals. Combine that with Pamela's (the mother of the Feng Shui Duo) nearly three decades of Feng Shui experience and you've got the BEST of "wind" and "water."

The stories that our clients share with us are our "why," with everything from new love to unexpected money, or landing that dream job or home. The changes resulting from practicing Feng Shui can be dynamic or subtle, but always positive and pleasantly surprising. Whether you're a pack-rat or Marie Kondo's best student, Feng Shui will have a positive impact on your life.

Remember, we are all made up of energy, our thoughts have energy and all matter has energy. You are energetic, the planet is energetic, our homes are energetic.

What does your home say about you?

Did you know that your home not only reflects you, but it affects you, as well? Does it feel good? Is it pleasing to your eyes? Or, maybe it could use some love?

Whatever your situation, there's always a Feng Shui cure or tool to lift your home's energy.

We promise.



PART 2

O U R
M E T H O D



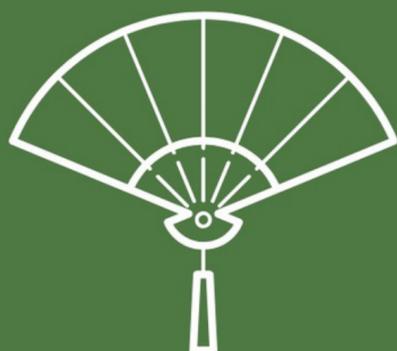
Here's our method:

- Step 1: Set and crystallize your goals, create your blueprint, and then begin the manifestation process.
- Step 2: Learn some basic principles of Feng Shui, and determine where, energetically, your goals live in your home.
- Step 3: Get to work in these “power spots” of your home, keeping in mind your clear goals and intentions.
- Step 4: Get ready for MAGIC.



PART 3

T H E
P R O J E C T S



To start 2021 off with a bang, here are our 21 projects to help you kickstart the New Year by elevating your home's energy.

You can do these one at a time, or schedule a weekend for a few, or perhaps one project speaks to you louder than others. There are no rules but by completing just **ONE** of these projects, you're going to feel a tangible lift in your home's energy. And yours!

Ready?



*"Your home not only
reflects you,
it also affects you."*

- The Feng Shui Collective



1. Entryway Refresh

Invite healthy energy into your home. Pull everything off of your front porch, hose it down, clean the windows, use some olive oil on your door jam, clean your light, get a new plant and a fresh doormat. Place everything back with intention!

2. Wind Chimes

This is another way to call healthy energy into your home. If you already have wind chimes, give them a spray with the hose and wipe them down. Make sure your wind chimes sound pleasing to your ear.



3. Clean Your Windows

Dirty windows equal cloudy energy and a foggy mind, especially on your front windows. Get out your window cleaner (vinegar and water work just fine) and polish the glass (inside and out). Wipe down the windowsills. Repair any broken windows. Intend clear thinking as you work!

4. Your Mailbox

Your mailbox is symbolic of your contact with the outside world. Any problems with your mailbox can hinder opportunities flowing your way. Wipe it down, clean out the inside, make sure everything is in good working order and that it doesn't wobble.

5. Your Car

Your car is a symbol of where you're going in your life. Roll up your sleeves, pull out the vacuum and garden hose. Make the inside sparkle just like the outside. Also, take a look at your bumper stickers. Are they still relevant to your life? Take care of any maintenance issues, like a broken turn signal (you want to be clear about which direction you're heading), or an oil change. Replace the battery in your key fob. Make sure your chariot is clean and in good working condition so that it can carry you forward into the New Year.



*"Cleaning and
organizing your home
is a practice, not a
project."*

- The Feng Shui Collective



6. Your Stove

That's right. Your stove represents your health and wealth. Time to get out the rubber gloves and get scrubbing. Make sure all of your burners work, and stop using the oven for storage. Bonus: Place a small mirror over your stove, which essentially doubles your wealth.

7. Your Pantry

Pull everything out and wipe down your cabinets, inside and out. Group similar items together and make sure nothing is past its expiration date. Organize similar items together, such as snack-like items, and more cook-worthy items like rice, beans and soup. Feel your energy lift!

8. Your Fridge & Freezer

Similar to your pantry, take everything out. Wipe everything clean with a mixture of water and vinegar. Put some baking soda in the back, and reload with only clean and fresh items.

9. Your Cutlery

These drawers tend to get so dirty and cluttered! Dump everything out and wipe down each compartment. Give the utensils a good wipe as well. Remember, these are the tools that nourish your body.



10. Your Linen Closet

Pull everything out (are you beginning to see a pattern here?) and pitch any worn out towels or linens with holes. Group similar items together, fold everything into a tri-fold to get the most out of your space.

11. Your Closet

One of the best ways to clean the cobwebs out of your life and head is to do a thorough cleaning of your closet. Take everything out, then dust the shelves and vacuum the floor. Show no mercy when getting rid of items that you haven't worn in a year (maybe less!). And remember that saving something "just in case" is sending a message to the universe that you don't trust that it will provide what you need when you need it.

*"The ultimate luxury
is being able to relax
and enjoy your home."*

- The Feng Shui Collective



12. Your Office

Often, we find that desks and offices accumulate items that don't need to live there, adding clutter to your workspaces and therefore, your mind. Clear everything out, or at least move furniture to clean underneath. Take everything off of your desk, and wipe it down. Only put back the items that you actually need.

13. Your Electronics

Clean your computer, keyboard and screens using a barely damp cloth or electronic alcohol wipes. You can also take time to clean up your photos, files, bookmarks. (See our [5-Day Digital Clutter Clearing Challenge](#).)

14. Your Lights

Replace light bulbs for ones that are more energy efficient, and/or clean your bulbs. Make sure all of your lights are working properly. Lamps and light fixtures are a great way to elevate the energy in your home.

15. Your Plumbing

In Feng Shui water represents money and so leaky plumbing can mean “money going down the drain.” If this is out of your “wheelhouse,” call a plumber right away!



16. Your Blinds

Whip out your duster and get in between those blinds. If you don't have a duster, try a wooden spoon with a rag on it. Again, clean windows and clear blinds promote healthy energy in your space.

17. Your Crystals

Gather all of your crystals and soak them in an epsom salt water bath for about an hour. Give them a rinse, air dry, and then place them back where you love to see them.

18. Your Plants

Gather all of your houseplants and put them in the shower. Give them a nice bath, feed them, loosen the soil with a fork, and add fresh dirt.

*"Feng Shui makes the
planet a more
beautiful place, one
room at a time.*

- The Feng Shui Collective



19. Your Couch

This is where you relax and snuggle, so make it a haven. Vacuum thoroughly. Take your cushions outside and give them a beating. Spot clean any stains using a light solution of baby shampoo and water.

20. Your Bedding

Pull everything off your bed, including your mattress pad. Flip your mattress if you can. Shake out your comforter and fluff your pillows. Make up your bed with fresh linens. Note: What's under your bed? If there's clutter under there, it's probably impacting your sleep. Sweet dreams!

21. Smudge

You can use palo santo or a sage smudge. We don't recommend using white sage as it's reserved for Native American shaman rituals. Remember to clear your space with intention, invite fresh energy and release any energy that isn't serving you.





There you have it! 21 Projects to Elevate Your Energy for 2021!

Thank you so much for reading. We hope you feel inspired to take action TODAY. One small project will start a snowball effect of wonderful happenings. If you need support, send us a DM on Instagram, or you can join our (super active) Facebook Group.

If you're ready to take your Feng Shui journey to the next level, explore our comprehensive 6-week course called Feng Shui Fundamentals.

Best,
Pamela & Lauren



"You cannot work on yourself and not work on your space. Your space is a reflection of who you're becoming."

- The Feng Shui Collective

